

NEWLETTER

2nd October 2019

ISSUE 4

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OUR WORD OF THE MONTH FOR OCTOBER IS 'REACTIVATION'

Message from the Head

The term continues to go well, and we are enjoying once again being a school community albeit a socially distanced one. There has been much excitement this week as children have campaigned within their classes to become school councillors and voting is set to take place this morning. The children are reminded of the British Value of 'democracy' and what it means to them within our school community. I have been really impressed this year with the applications, particularly with how thoughtful and kind the children are. They hold the values of friendship and equality in very high regard and it has been lovely to read about their views on this.

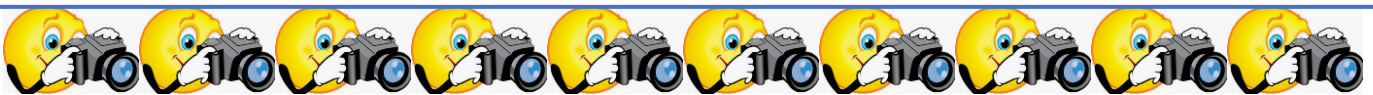
Key Stage 1 and Early Years have loved being outdoors this week, even in the rain. It has been wonderful to see their happy faces and watching them getting stuck into their outdoor and very muddy learning.

Thank you for your patience and co-operation as rules have been tightened once again around drop offs and pick ups. Parents and carers have adapted really quickly to wearing masks both at drop off and pick up which is helping us to keep our school community safe and our school open. I do appreciate that some parents are medically exempt from wearing a mask, thank you to you for wearing your identifiable lanyard. Please continue to disperse quickly once you have dropped off or collected your children.

We are hoping to hold parents evenings before half term as we normally would. These meetings will happen remotely. We are currently investigating some new software which will hopefully enable us to schedule appointments digitally and conduct them through an app on your phone. I will keep you updated as we move forward.

Thank you to all of you have returned your Flu Vaccination form. This must be completed regardless of whether you wish your child to have the vaccination or not. There are only a very small number of forms outstanding. Please can you return your form by Monday 5th October 2020. We are also gathering the acceptable use forms. Please can you ensure you have either completed the form by clicking on the online link or returning the paper copy. The IT team are in the process of creating class groups and children will not be included in the group or allowed to participate in the online learning if the form is not returned.

Have a lovely weekend, keep safe.



SCHOOL PHOTOGRAPHS

The photographer is in school on **Tuesday 6th October** for individual and on-roll siblings. Brothers and Sisters not attending our school are not able to have their photographs taken on this occasion. Please ensure your child is in full school uniform and wearing their biggest smile!

NEW SCHOOL MENUS

New menus be sent home with the children today. These will begin on 2nd November (after half term) and run up to Christmas. **Please complete and return to school asap.**

BREAKFAST CLUB



Breakfast Club places available daily. The cost is **£1.00** from 8am to 8:55am or **50p** from 8:30 to 8:55am. All places need to be booked in advance and paid via sQuid.

Sessions have now been added to sQuid up to October half term.

When booking your place on sQuid, please ensure you choose the correct year group for your child/children. This is to ensure we do not exceed the numbers permitted in each bubble.

LITTLE PEARS AFTER SCHOOL CARE



A school
for 3 - 11 year olds

FOR MORE
INFORMATION

Call 01905 758425
Visit carnforthschool.org
Email office@carnforthschool.org



BECAUSE WE CARE...

CARNFORTH SCHOOL
WRAP AROUND CARE
available every day

LITTLE PEARS AFTER
SCHOOL CARE
every afternoon
from 3pm to 6pm

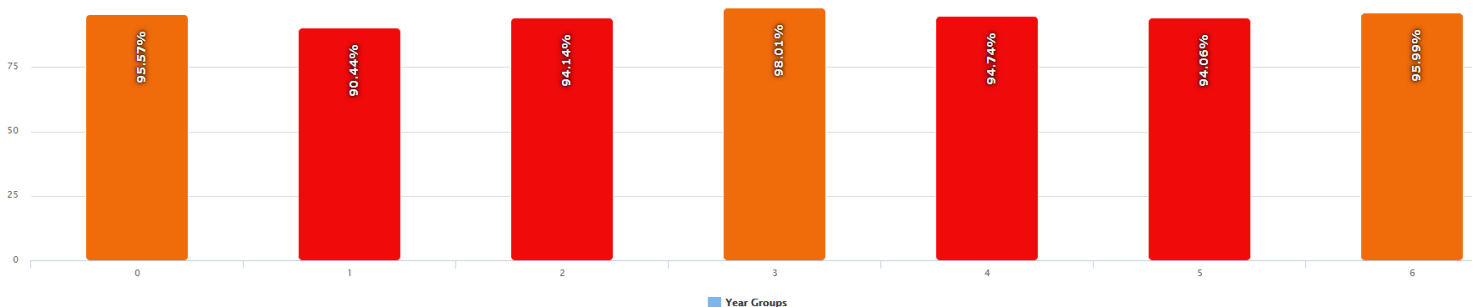
BREAKFAST CLUB
every morning
during the school
term, from 8am

Places available in our after school care – 3pm to 4.30pm (£3.50) or 3pm to 6pm (£7.00)
All places need to be booked in advance and paid via sQuid

Sessions have now been added to sQuid up to October half term.

ATTENDANCE

Attendance by Year Group since 03/09/2020 to 01/10/2020



The target this year is to ensure all children have at least 96% attendance.

Current attendance is 95.15%

We do know that from time to time children are really too poorly to come to school. If this is the case, please ring the school office by 9.15am on 01905 758425 or email, if you prefer, office@carnforthschool.org. Phones are manned from 8.20am but an answerphone service is available before this time.

NEW WORDS THIS WEEK!

5 ways to make a new word stick!

Say the word together a few times – add silly voices if it helps 😊

If you don't have the actual object then find a picture for it...

Tell them something about the word – pick the most important link and talk about it!

Clap it out together

Revisit the word later in the day – talking about it again will help it stick!



Ask your child what new words they have learnt at school this week and practice it at home!

YEAR 1

Year 1 have been working really hard to build their confidence to write independently and the work they have produced is amazing!

We have moved on from Goldilocks and the three bears and have started a brand new story called 'The Highstreet'. We have all practiced rehearsing this story using actions and drawn story maps to show the sequence of events.

I wonder if they can retell you the story at home



YEAR 4

Year 4 have had a quieter week this week after our food technology week last week. I hope you all enjoyed the fajitas!

As writers we have written a descriptive setting using the skills we have been learning over the last few weeks. Fronted adverbials, similes, metaphors and adjectives.

Here is Lacey's description of the Ancient Child from our story 'How to live forever.'



In the background, lies tall, green, sharp mountains. They sit behind the child. Ruby red balloons hang deflated in the air. The big, wooden chair is a sky scraper. As grey as a stormy sky, the Ancient Child sits, as still as a statue. The beaming, creepy eye stares out at something. What could it be?

As geographers we have begun to learn about the rivers in the UK. We learnt that the River Severn is the longest river in the UK and it's source is a boggy patch of ground high up in the Cambrian Mountains.

To reactivate our learning we recalled some geography facts from previous learning Can your child tell you the 4 countries of the UK and their capital cities? Ask them to sing you the Continents song too!

As readers we have enjoyed listening to the story of The Twits and the beginning of The Iron Man. As mathematicians we have been learning how to round to 10 and 100 and we have nailed our 3 times tables.

YEAR 6

This week in Year 6 we have been learning about long division – it was hard at first but when Mr P explained it, it became much easier!

In writing we have summarised a text by putting it into a 'nutshell' – we simply broke it down into key events.

We have also voted democratically to elect our Year 6 School Councillors, we have improved our speed and resilience in running our daily mile and we have all been reading at home every night with gusto!

In art, we have been learning about different styles of street art – such as bubble writing and patterns – we are looking forward to being able to use colour to bring our designs to life!

Finally, we have all been writing our own stories about being granted a wish and the moral dilemma and consequences.

MENTALLY HEALTHY SCHOOLS



Spotting the signs of anxiety:

If your child is feeling anxious, they may show some of the following symptoms:

- headaches and stomach aches or just feeling unwell
- dizziness/faintness/palpitations/ breathlessness/sweating
- not sleeping
- not eating properly
- being clingy/feeling panicky/tearful
- seeming to be worried or anxious and needing lots of reassurance
- feeling down or depressed
- having difficulty concentrating
- wanting things to be perfect and getting frustrated if they are not
- lashing out at others
- hyper-alertness and difficulty keeping still

If we can put names to feelings it is much easier to manage them. It may help to look on the website at the Anxiety Thermometer tool to help your child to identify the strength of their feelings and name them whilst doing so. The following tips may also help children cope with worries:

1. Try working together to test out fears gradually - setting small, specific goals (for example, walking to the classroom door with their teacher, then with a friend instead).
2. Stay calm, supportive and practical. Try not to get drawn into your child's emotions. Praise and reward small (and big) successes when a child faces their fears. It can help them if you remain positive and encouraging, without forcing them into anything. Meditation or relaxation activities can support your child to unwind. There are a number of apps you might want to explore or, if you prefer, there are six different relaxations on the website.
3. Focus on what helps. Instead of trying to reassure a child that nothing bad will happen, focus on what helped them cope when they faced a similar situation. Help a child think through what they have learned about their fears and about themselves. Did their worry come true? Did they cope?

During the next few weeks we will explore some calming strategies.

There are more resources on the Mentally Healthy Schools website at:

www.mentallyhealthyschools.org.uk.

KS2 SNACK FOR BREAKTIME

If you have a child in KS2 could you please send them in every day with a piece of fruit or a healthy snack for their morning break

CARNFORTH WATERPROOF HOODED COATS

School coats are now available to order

Royal Blue with the school logo and reflective strips on the sleeves and back

Waterproof with a concealed hood

Available in age 3/4, 5/6, 7/8, 9/10,11/12, 13/14 and Small Adult

£20.00

Please order and pay via sQuid

Please note: The cut-off time to order a coat is 12 noon on Friday 9th October. The order will placed on the afternoon and delivery will be 4-6 weeks.



sQuid

As we are now cashless, please remember to order and pay for everything online.

If you have not yet registered, please do so as soon as possible.

Registration will need to be completed to enable you to order uniform, pay for school lunches and to book Little Pears and Breakfast Club

NURSERY PLACES AVAILABLE

15 and 30 hour funded places available, to be taken as full or half days

Open 9am to 3pm Monday to Friday

Wrap around care can be booked, upon request, from 8-9am and 3-6pm

We provide each child with a highly stimulating and caring educational experience

All sessions are led by experienced teachers and qualified early years professionals

Tapestry software: Keep up to date with your child's learning online

[Welly Wednesdays](#)

[Phonics](#)

[Educational Visits](#)

[Music and Dance](#)

[Mud Kitchen](#)

[Messy Play](#)