



The Black Pear Trust

PE Progression Document



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Striking and Fielding Progression The Black Pear Trust

Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>-can play with different equipment and use each piece in at least 2 different ways.</p> <p>-know how to and can safely make up a game on my own that scores points using equipment of my choice. I can challenge myself by making the game harder or trying to beat my best score.</p> <p>-can pass objects of different sizes and shapes from hand to hand or foot to foot.</p> <p>-know how to send and control a ball or other object in different ways and make it go where I want it to go. I can do this with both sides of my body and passing from one side to another.</p> <p>-know how to play target (aiming) and passing games successfully by myself and with a partner or small group</p> <p>-know how to and can pick up objects in different ways and with/from both sides of my body and place them somewhere else.</p> <p>-know how to and can play different kinds of aiming and travelling games with a partner and others e.g beans, skittles, hopscotch, traffic lights, rob the chest.</p> <p>-can show or say how I run or move around so I don't bump into anyone.</p> <p>-can make up activities to do with others and help to change the rules if needed.</p> <p>-can say what I like and dislike; what I want or need and why.</p> <p>-can play with others and share toys and equipment.</p> <p>-can agree rules with others.</p>	<p>-know how to and can balance an object on a racket, stick or bat and travel in different directions without dropping or bumping into anybody.</p> <p>-can control objects and send them to a partner under control.</p> <p>-can show or tell what they are doing to get better at something and show how they have improved.</p> <p>-can take turns.</p> <p>-try to join in with all activities even if they find them difficult.</p> <p>-can say or show why they are good at something and what others are good at.</p>	<p>-know how to and can play co-operative and competitive games and activities with others where they send and receive balls and other objects in different ways and are able to keep score.</p> <p>-know how to and can control a bat or racket to hit a ball off a tee or cone to make it go where they want it to go and use this in a game situation.</p> <p>-can make up and play a small sided game with others that includes striking/sending a ball, travel and scoring points.</p> <p>-know how to and can travel with a ball or object in different ways and send it accurately to a target or partner. They can apply this in different situations</p> <p>-can reflect on choices and say or show which parts worked well and which would have been better and why.</p> <p>-can use my imagination to create lots of ways to be active when they are playing.</p> <p>-can work out where the ball or object is likely to arrive, and can use this to try to stop, catch or return the object in small games and activities.</p> <p>-know how to and can solve a disagreement.</p> <p>-show how to play safely and actively at school and at home.</p>	<p>-can move confidently and quickly to receive a ball and send it back to either to a partner, at a target or to a space where their partner will find it difficult to reach in game situation- e.g. hitting a ball into space between fielders in cricket.</p> <p>-know how to and can hit a ball in at least one-way using racket or bat and can apply this in modified game situations.</p> <p>-can explain their choices and reflect whether it was correct or if something else may have worked better.</p>	<p>-can send balls and other objects in different ways using different techniques and can vary which technique is used to send accurately over shorter or longer distances.</p> <p>-can move quickly and confidently to receive or return the ball from different positions and apply this in different situations.</p> <p>-know how to and can cover space and move quickly and with confidence to receive and return a ball accurately, applying this in various situations.</p> <p>-can predict where to move to receive the ball or object in space.</p> <p>-know how to and can ask for help from classmates if they don't understand or have tried on their own and are still struggling.</p> <p>-know and can communicate why being active is important and good for their health.</p> <p>-in a game, try to hit the ball away from their opponent/s and into spaces e.g. hitting a cricket ball into space.</p> <p>-know how to and can play a small sided game that involves striking/fielding/sending and scoring points. They are able to agree the rules and keep the score accurately.</p> <p>-work well with others in PE.</p>	<p>-can send balls and other objects in different ways using different techniques and can vary which technique is used to send accurately over shorter or longer distances.</p> <p>-can move quickly and confidently to receive or return the ball from different positions and apply this in different situations.</p> <p>-know how to and can cover space and move quickly and with confidence to receive and return a ball accurately, applying this in various situations.</p> <p>-can predict where to move to receive the ball or object in space.</p> <p>-know how to and can ask for help from classmates if they don't understand or have tried on their own and are still struggling.</p> <p>-know and can communicate why being active is important and good for their health.</p> <p>-in a game, try to hit the ball away from their opponent/s and into spaces e.g. hitting a cricket ball into space.</p> <p>-know how to and can play a small sided game that involves striking/fielding/sending and scoring points. They are able to agree the rules and keep the score accurately.</p> <p>-work well with others in PE.</p>	<p>-know how to and can hit the ball or other object overarm using their hand or a racket and apply this in different situations.</p> <p>-keep trying, even when they find things difficult or make mistakes.</p> <p>-understand and can apply basic principles of batting (sending) and receiving, and effective use of space both on their own and as part of a team and can apply this into a range of striking and fielding games and activities.</p> <p>-know and can explain the principles of striking and fielding, giving at least 2 examples of each.</p>

<p>-can play with others without getting upset or angry.</p> <p>-can follow rules to make a game fair.</p>		<p>-can make a poster or write a story about playing safely and having fun.</p> <p>-can demonstrate why they are good or improving at something</p> <p>-know how to and can move confidently to receive a ball or other object that has been sent to them.</p> <p>-know how to and can combine moving and stopping with control to pick up/collect an object and send it accurately to a target or a partner.</p> <p>-can work out where to send a ball or object to try to win points in small games and activities.</p>				
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Layered Language

<ul style="list-style-type: none"> • Running • Jumping • Kicking • Pushing • Patting • Throwing • Catching • Underarm • Collecting • Rolling • Hitting • Striking • Accuracy • Overarm • Agility • Coordination • special awareness <ul style="list-style-type: none"> • Fielding • Striking • Rounders • Cricket 	<ul style="list-style-type: none"> • Running • Jumping • Kicking • Pushing • Patting • Throwing • Catching • Underarm • Collecting • Rolling • Hitting • Striking • Accuracy • Overarm • Agility • Coordination • Special awareness <ul style="list-style-type: none"> • Fielding • Striking • Rounders • Cricket • Accuracy • Overarm • Fielding • Intercept • Position • Blocking • Bowling • Batting • Long Barrier <p style="text-align: center;">Rounders Specific</p>	<ul style="list-style-type: none"> • Running • Jumping • Kicking • Pushing • Patting • Throwing • Catching • Underarm • Collecting • Rolling • Hitting • Striking • Accuracy • Overarm • Agility • Coordination • Special awareness <ul style="list-style-type: none"> • Fielding • Striking • Rounders • Cricket • Accuracy • Overarm • Fielding • Intercept • Position • Blocking • Bowling • Batting • Long Barrier • Collaborative • retrieve
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- Bowling
- Throwing
- Batting
- Long barrier fielding
 - No ball
 - Spin
- Backstop
- Obstruction
- Fielding
- Catching
 - Bases
- Batting Square
 - Posts
- Back Line
- Bowlers Square

- intercept
- cover space
- shield bases
- ready position

Cricket Specific

- Bowl
- Bat
- Ball
- Wickets
- Stumps
- Spin
- Pace
- Catch
- Run
- Run-out
- Over
- Boundary