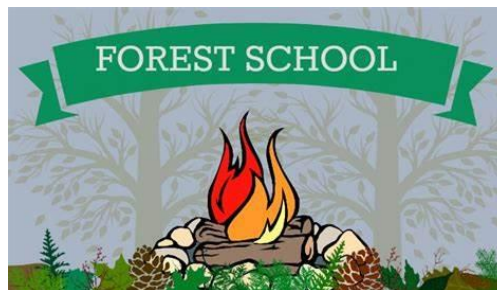


Message from the Headteacher

What a fantastic week it has been. We began the week by democratically voting in the class representatives for the roles of: Eco Pear Ambassadors, Reading Leaders, Healthy Living Ambassadors, Peer Mentors, Digital Leaders and allocated the Year 6 roles and responsibilities. These will be announced to the school during a Friday assembly. Look out for their names in next newsletter.



Children have been enjoying the outdoors with forest school activities where they have been: shelter building; exploring and identifying the wildlife using identification cards and magnifying glasses, climbing trees and sitting around a fire. Over the academic year all children will get the opportunity to complete these activities outdoors and much more.

As always, if you have any other queries or questions, please contact the school who will direct your query to the appropriate member of staff. My door is always open so please feel free to contact me. We regularly update school news on the website so please look there for new information.

FOR YOUR DIARY

The photographer will be in school next Tuesday (4th October).

Please ensure your child(ren) are wearing their full school uniform and their biggest smile!

If you have other children not at Carnforth and would like a group photo of your child with their siblings, please arrive at the main entrance at 8:15am as these will be taken before school commences.



ATTENDANCE

Current School Attendance: 94.13%

Attendance to date (Since September)		
Year Group	Attendance	Place
Reception	90.91%	3
Year 1	92.96%	2
Year 2	93.45%	1
Year 3	90.65%	4
Year 4	96.95%	1
Year 5	93.38%	3
Year 6	96.42%	2

Please remember that if your child(ren) are unwell and will not be attending school, please make sure you contact the school to inform us **each** day they are absent.

Remember...



We all feel wobbly at times about coming into school. Why not talk to your child(ren) about what they can look forward to. Coming up we have...

- House team Poetry Slam
- Harvest
- New badges for Roles and Responsibilities



NEWS and INFORMATION

Clubs started this week and we still have some places available. If you are interested in your child attending a club, please complete the form asap and return it to the school office. All clubs finish at 4pm, so please arrive on time to pick up your child. Children will not be released to walk home alone following a club.

Parents Evening letters were sent out last Friday. Please choose your preferred time slot and we will do our best to accommodate you. These are allocated on a first come first served basis. If a form is not returned, an appointment will be allocated for you to ensure all parents have the opportunity to meet their child's teacher.

Breakfast Club places are available to book on squid. This has a cut off time the day before, so please ensure you book in advance to secure your place. The cost is £1 from 8:00am or 50p from 8:30am.

Little Pears places are also available to book on squid. This has a cut off time for booking the day before, so please ensure you book in advance to secure your place. The cost is £3.50 from 15:00 to 16:30 or £7 from 15:00 to 18:00.

Additional Nursery Hours are available to book on squid. Each additional morning or afternoon session (3 hours) costs £13.50. This also needs to be booked in advance. Once the pattern of your child's attendance to Nursery has been established, this needs to be adhered to and days cannot be exchanged or refunded once agreed. This is to ensure sufficient staffing ratios are in place.

Nursery Snacks and Lunches that contain grapes should be cut in half for your child, as a full grape is a hazard of choking.

READING

Reading at Home

To read well, a child needs to have as much practise as possible. Your child will come home with a reading book that is closely levelled to their need.

Once they have read their reading book, they will take a quiz where they will answer questions to demonstrate their understanding.

It would be hugely beneficial for you to share the book with your child, discussing aspects of the text such as characters, settings and plot.

Have a chat!

As well as discussing your child's reading book with them, you can also use many of the strategies in day to day chats with your child.

You could talk about...

- characters, settings and plots within films and TV programmes.
- Why they know or how they know something they have said.
- Similarities or differences in the world around them.
- Explaining the 'why' behind choices.

Reading in the moment

When reading, it is important for children to really understand the words they are reading within the sentences and paragraphs in which they are placed.

Expert tips

At Carnforth, we use expert tips to unpick the text so that the children can truly understand what they are reading.

You will see the symbols on posters around the school and on staff lanyards.

You can refer to these at home when reading with your child.

Stop the bus!

Stop and think...Does what I have read make sense? Is there any part I don't understand?

Ask yourself:

- Have I heard that word or similar before?
- Can I use my worldly knowledge?
- Do I understand it in the context of the sentence?
- Can I use the root word to work it out?

Say what?

Re-read...I am going to read this again to see if it makes sense.

- Have I missed something?



Box it up!

Summarise...

- What are the main points?
- What has happened in the text?
- Which moments were most key?



Over here, over there!

Text features...

- How does the text sign post where you need to go?
- Which features are key to that particular text type?
- What is the point in its use?



What do you mean?

Vocabulary...

- Have I heard this before?
- Can I connect anything that I know or have seen/heard in my life to this?
- Can I put this in context of the sentence and text?
- Can I use the root word to give it meaning?



3 layers of Questioning

Right There

These are questions where we can identify the answer directly in the text.

The answer is in the text and the children can use their finger to point at the exact answer as it is "Right there!"

- Identify the key word (or possible synonyms)
- Scan the text
- Locate the word that tells you the answer



Dig Deeper

These questions need you to think and search for information.

You can scan the text to find the key words and then skim around the word to find the answer.

- Identify the key word (or possible synonyms)
- Scan the text for the key word
- Skim the text around the key word for suitable information



Reading Detective

For these questions you must remember to PEE!

Point **E**vidence **E**xplanation

These questions want you to think about what the author was thinking.

- All of the above strategies
- The key word may need to be scanned for numerous times throughout the text
- A larger amount of text or the entire text may need to be considered.
- Scaffold to introduce



WRITING



Drawing words

This activity does not involve writing directly but inspires you to write and makes learning enjoyable for kids. Make their imagination run wild with this game.

How To:

- Choose a word to draw. It can be any word like sun, moon, precious, beautiful, mountain or anything.
- Let the child draw the word in their style. Do not insist on drawing it perfectly.

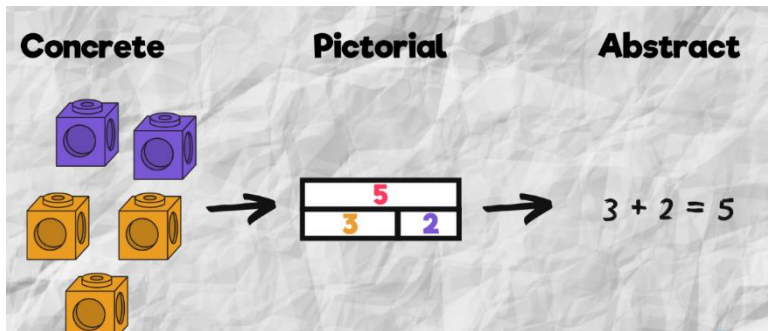
Writing is an integral part of children's education that helps them express themselves better. It is a life skill that relates to communication and allows children to better understand and remember a particular concept. Writing skills should be developed in children from a young age. However, many children are not enthusiastic about writing because they feel it is a difficult task. In such circumstances, you may introduce writing games for children that do not look like a task and offer them good practice. So, if your children are averse to writing, introduce games such as Secret Pictionary or Finish the Story and activities such as Dialogue Writing or Message Writing. Regular writing practice will enhance children's skills a great deal.

MATHS

What a great start we have had with our math sessions this year so far!

Each year group has started looking at place value and will then look at the four operations: adding, subtracting, multiplying, and dividing.

We teach maths using concrete, pictorial and abstract ways. Children build on each approach in order to make connections between concrete, pictorial and abstract ideas so children can truly master concepts, building on strong foundations.



We are also practising our times tables daily using Times Tables Rock Stars which can also be accessed at home. Who will be top of the leader board in each class?

COMPUTING

Screen Time

With electronic devices all around us, it is important to understand the impact that too much screen time can have on us. Have a read of the effects of screen (taken from internetmatters.org) time below and find out what we can do about it..



Making the most of screen time

Assess how and where they use devices

- Based on their routine, think about when and where they are using their device to establish when it would be better for them to unplug and focus on other activities. Generally, it is best not to be on devices right before bed or keep them in bedrooms as night.

Examine what they are doing online

- Not all online activities are created equal – take the time to assess how particular activities that your child is doing can help or hinder their development as they grow.
- Ask yourself – is this activity helping my child achieve a goal, improve their development in a certain area, promote their sense of self, or build-up skills that will help them make smart choices as they grow?

Look at your relationship with screens

- Review your own relationship with screens to address how this may be affecting your digital use.
- Is there anything that you can do in your interactions that will give them the confidence to build a healthier relationship with tech?



Effect of screen time on sleep

Sleep cycles are affected by blue light from screens tricking our brain into thinking it is still daylight, making it difficult to sleep.



Effect on behaviour

We're creatures of habit so it doesn't take long to get used to glancing at your smartphone 150 times a day.



Effects of screen time on brain development

Screen-based entertainment increases central nervous system arousal, which can amplify anxiety.

Millennials are more forgetful than OAP's; they've outsourced their memory to Google, GPS, calendar alerts etc. Columbia University found that when people know that they'll be able to find information online easily, they're less likely to form a memory of it

SPORT and PE

So far this half term it has been great to see the children beginning to get back into running the mile. This short exercise carried out daily will really help to maintain their fitness levels.

We look forward to seeing the children take on the challenge of beating their personal bests each day.



Year 1 have practiced listening to a piece of music and expressing how this makes them feel. They also enjoyed exploring a variety of movements with ribbons focusing on staying within their own spaces. They looked at expressing happiness through moving their ribbons in a specific way.

SCIENCE, DESIGN and TECHNOLOGY

We started off the year learning about animals, including humans, understanding how humans change as they grow older and investigating the human body.



We are now beginning to move on to living things and their habitats, where we will explore mammals, amphibians, reptiles, insects and birds, classifying them and developing our understanding of the life cycle of different living things.



We have started our STEM club on Mondays after school and we have already created our own string telephones! Next week, we will be making lava lamps. If your child would like to join, there are still spaces. Make sure you bring an empty plastic bottle next week for your lava lamp to take home!

RE

We have started our learning about different religions including Islam, Christianity, Hinduism and Islam.

Across the year groups, we discuss the importance of belonging and the things that make the religions special to people.

Some of the celebrations that are coming up include Harvest, Diwali and then we will be starting to think about Christmas!















PSHE

We have been settling into our classes and getting to know our new teachers. We have had lots of time to have discussions on a variety of topics depending on our year group. Here are a few ideas of mindfulness activities you could do at home. You could also try asking your children what their favourite part of their school day was? This could be a good starting discussion point to talk about their day!



Mindfulness Scavenger Hunt

Relax and Focus on The Moment

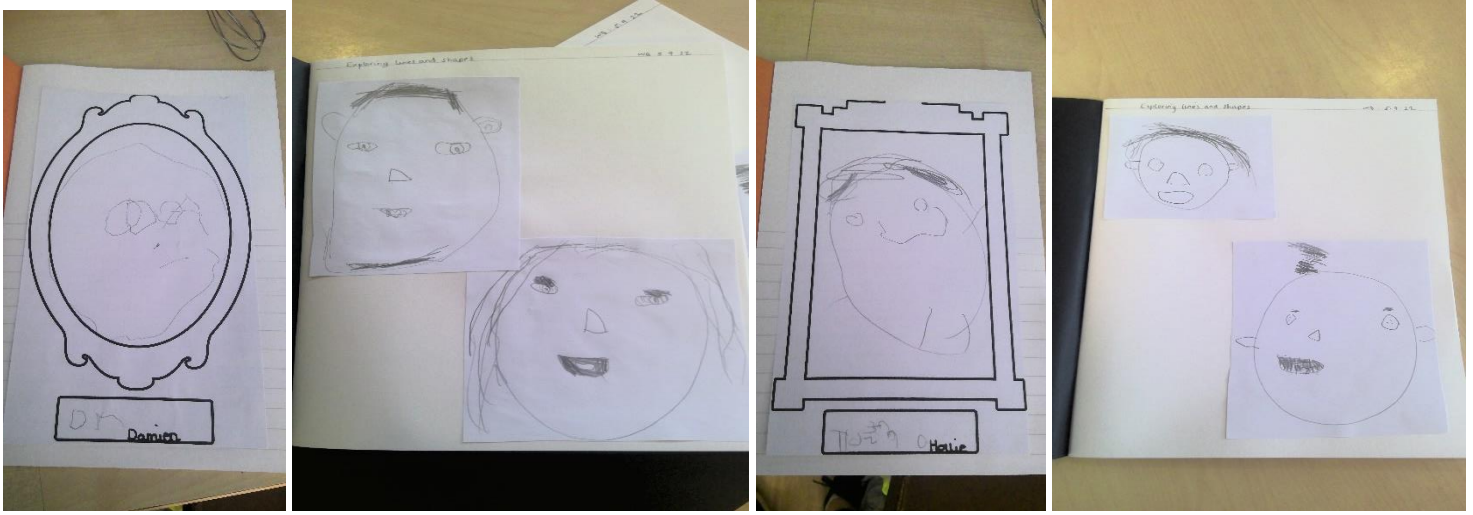
1	 Smile <input type="checkbox"/>	 Breathe In <input type="checkbox"/>	 Breathe Out <input type="checkbox"/>	 Count The Lines On Your Hand —
2	 Smile <input type="checkbox"/>	 Breathe In <input type="checkbox"/>	 Breathe Out <input type="checkbox"/>	 Count The Curves On Your Ears —
3	 Smile <input type="checkbox"/>	 Breathe In <input type="checkbox"/>	 Breathe Out <input type="checkbox"/>	 Count The Bumps On Your Lips —

ART

In Art, Reception and Year 1 have enjoyed creating their own portraits focusing on the features of their face and learning all about what makes them unique.

They looked closely at the shape and size of their features and were able to recreate their own faces.

Reception even moved their learning outside and enjoyed recreating their faces using natural objects during their forest school sessions.



MUSIC

We have kicked off the term with some very exciting musical opportunities. Year 3 have begun ukulele lessons with Catherine Harper from Severn Arts Music Centre.

"I love ukulele lessons because we get to learn new songs. I want to play ukulele everyday," Lily.



Year 5 are looking forward to starting recorder lessons this term with Mrs Lees.



The whole school have been singing 'Three Little Birds' in our weekly singing assemblies and are learning some harvest songs ready for Harvest Festival. Choir club begins this week where we will be learning songs ready for Young Voices 2023!

MINDFULNESS and WELLBEING

As the begin to head into Autumn and Winter, the evenings become increasingly darker, the weather changes and for some of us, life feels like it becomes that little bit harder. Try establishing a new routine with these wellbeing 'tips' taken from the NHS...Be kind to yourself!



1. Reframe unhelpful thoughts

The way we think, feel and behave are linked. Sometimes we develop patterns of thoughts or behaviours that are unhelpful so recognising them, and taking steps to think about things differently, can improve your mental health and wellbeing.



2. Be in the present

If we take time to be aware of ourselves and be in the present moment, noticing our own thoughts and feelings, and the world around us, we can gain a better perspective. Sometimes this is known as being more mindful.



3. Get good sleep

Good-quality sleep makes a big difference to how we feel mentally and physically, so it's important to get enough.



4. Connect with others

Spending quality time with friends or family, talking to someone about how we are feeling or finding ways to help other people can all help stop you from feeling lonely and improve your mental health and wellbeing. This can be online, by phone or seeing someone in person.



5. Live a healthy life

Being active, enjoying the outdoors and having a healthy, balanced diet all impact how we feel. Also, binning bad habits like smoking, and cutting down on alcohol and caffeine can have a positive effect on our mood.



6. Do something for yourself

From enjoying your favourite hobby, learning something new or simply taking time to relax, it's important to do things that make you happy, like trying a new hobby or learning a new skill.

HISTORY and GEOGRAPHY

Our new topic, My Place, My time, focuses on our Geography and History topics.

Each class will be spending time looking at our local area, including physical and human features of the local area and using a map to plan a route.

In History, we will be researching and learning about a range of different time periods and using a range of sources to be historians.

OUTDOOR LEARNING

Year 1 have kickstarted their Forest School sessions with a fire! The children sat very safely around the fire circle and were mesmerised by the beautiful colours they could see. Next time, we will have a go at roasting some marshmallows around the fire.



COMING UP!

A festive Halloween-themed poster for a disco event. The background is light orange with scattered illustrations of jack-o'-lanterns, spiders, and leaves. The text is centered and reads:

JOIN US FOR OUR HALLOWEEN DISCO

Monday 31st October 2022
KS1: 3:45 - 4:45pm
KS2: 5:00 - 6:00pm

Tickets are £2.50 and are available to purchase on iQuid

Music, games, competitions and much more!
Dressing up is encouraged but not compulsory.

LOCAL COMMUNITY NEWS and EVENTS

A recruitment poster for Platform Property Care. It features a dark purple background with white and blue text and icons. At the top left are four colored circles (pink, yellow, green, blue). The main text reads:

Build your **Career in Trades** with **Platform Property Care**

Come along and meet the team!
Find out more about working for PPC, our great benefits & current vacancies.

Wednesday 28th September
2.00pm-4:30pm

Warndon Community Hub
Shap Drive, Worcester, WR4 9NX.

To find out more about these roles and how to apply go to www.platformhg.com/join-our-team
Or scan this QR code to check out our trades roles.

Icons include a hand holding a pencil, a hammer, a paint bucket, a drill, and a plug. A QR code is in the top right, and the hashtag #bringyourbest is in a circle. The Platform Property Care logo is at the bottom right.

Don't count the days make the days count ...

Astons

COACHES

Great Days Out

OCTOBER, 2022



Stratford Upon Avon
optional Warwick Castle
Thursday, 6th October



Swindon Designer Outlet
Thursday, 13th October



Ludlow & Ludlow Races*
Thursday, 20th October



Windsor*
Thursday, 27th October

For further details please contact

Astons Coaches

www.astons-coaches.co.uk - Tel: 07570 973842

* there will be a courier on board these trips