

Welcome Newsletter

12th September 2025

Headteacher: Mr Paul Prigg

Welcome back!

I hope you all had a wonderful summer.

Welcome!

It's been great to welcome the children back to school and great to have an opportunity to speak to many of you on the school gate. The children have already made us proud with how resilient they have been.

I would like to welcome and to say how impressed we are with how our new Reception class. They have started with such confidence and have even joined in with assemblies this week!

It's been great to welcome Miss Weaver (Year 4) and Miss Bacon (Year 1) to our school along with Mrs Lindsay and Mrs Jarrett-Williams. They've all already made a huge contribution to our Carnforth Community.

Events:

As we head into the Autumn term, the events ever growing so please keep an eye out to check for updates.

Timings:

Please can I remind you that the school gates close at **8.45am**. At this time, children should be in class and starting their learning. Being on time gives children the best possible start to their day and their learning.

Uniform:

The children have arrived back to school looking very smart. If you have something missing, please order through the Arbor App or speak to the office staff. Please make sure all uniform is labelled too, so we can help return that 'lost' item back to its owner!

Arbor App:

In App messaging is our main form of communication. Please make sure that notifications are switched on and you have access to this. If you are experiencing difficulties, please let us know.

Have a restful weekend!

Message from the Headteacher

www.carnforthschool.org | 01905 701099 | office@carnforthschool.org

Carnforth School, Carnforth Drive, Worcester. WR4 9HG

A member of The Black Pear Trust : *Growing excellent learning communities together*



I would like to wish Nursery a warm welcome back to school and trust you all have had a relaxing break. I would also like to welcome our new children who have joined us this week. They have settled in beautifully and I can't wait to see what their journey at Carnforth School holds for them.

This term, we are going to be learning about our nursery, our family and ourselves – including our likes and dislikes. So far, as part of our nursery topic, we have been identifying and learning about different areas of our classroom and garden, learning all about our adults and who they are as well as learning who we can ask for help.

Things to remember:

If you are sending grapes in your child's lunchbox, please ensure they are cut in half or quarters lengthways to avoid any risk of choking.

Please can you send in any photos for us to display in our classroom. Baby photos, family photos, photos of grandparents, holiday photos etc. Please email them to office@carnorthschool.org. We would love to display them in our home corner to replicate a home from home environment. If you have already sent in your photos thank you, they are lovely.

Many thanks, Mrs Hawkes



Reception have had a great first full week at school.

This week we have been practicing our good listening rules of sitting still, listening to all of the words, staying quiet and looking at the person who is talking. We have begun learning our sounds and this week we have learnt m,a,s,d,t. We use RWI to teach our phonics in school and their sayings to learnt to write the sounds. In maths we have begun learning numbers 1,2 and 3. We have been subitising and spotting our numbers in different ways. We ended the week with our first session at forest school where we have enjoyed getting really muddy.



YEAR 1

Year 1 have settled in excellently! We had a fantastic first couple of weeks back at school, settling into our new environment. Our focus text has been the story 'Our class is a family' which is all about looking out for each other and helping one another. In PE, we have been dancing to music which shows different emotions. We really enjoyed using the ribbons to move around the hall. This also reflects our learning in Music, recognising the pulse and rhythm of a beat.

As Mathematicians we have been developing our knowledge of place value and number. The children have been using practical resources such as tens frames, number lines and counters, to support their learning of finding one more and one less than a given number.

In Science, we have been learning to identify, name and label parts of their body. The children have had the opportunity to draw around each other with chalk and label different parts of their body.



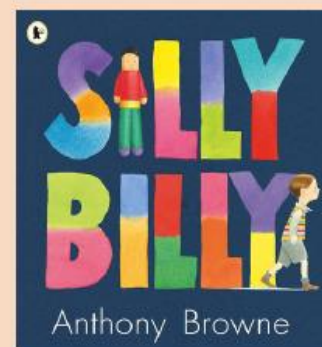
YEAR 2 NEWSLETTER



AUTUMN 1

WELCOME TO YEAR 2!

Welcome to a new school year and the start of being in Year 2. We have already started some amazing learning in Year 2 and have so much to look forward to. We have started writing about Silly Billy by our key author Anthony Browne. We have also looked at the artwork made by Anthony Browne and have been drawing this. We have investigated living and non-living things and outdoors and have organised foods into groups.



We will be doing PE on Thursday so please remember your PE kit. Year 2 now have their new diaries so please read every day and put this in their diary.



Tens	Ones
10	1



YEAR 3 NEWSLETTER

September 2025

What we've been up to...

Writing

In Writing we have been reading 'Can I Build Another Me?' Can your child tell you what this is about? We have been writing sentences with a subject, verb and object and expanded noun phrases to describe ourselves.



DT

In DT we have been discussing our favourite meals and if they are balanced or unbalanced. We know that we need to eat from all areas of the eat well plate to make sure we are fit and healthy!



PE

Before we got rained off... the children were exploring Stone Age poses ready for our history unit coming up.

Reminders

We will be doing PE on a **Wednesday** this term. Please make sure your child has a full PE kit in school on this day.

Highlight of the Week

My highlight of the week has got to be watching the children perform Space Oddity by David Bowie in music. Put it on at home and see if they sing along!

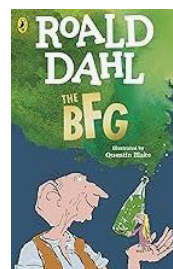
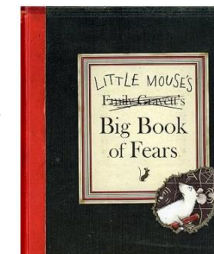


We've had a fantastic start to the Autumn term (This is me) in Year 4!

The children have settled in brilliantly and are already showing great enthusiasm, curiosity, and resilience in their learning. Here's a snapshot of what we have been up to.

Maths: We've been diving into place value, exploring the value of each digit and the columns they belong in. The children have done a fantastic job representing and partitioning numbers up to 1,000 and are now confidently working with numbers up to 10,000. We've used practical resources and visual models to deepen understanding.

Writing: Our writing is inspired by The Little Mouse's Big Book of Fears by Emily Gravett. We've been exploring the mouse's fears and reflecting on our own, using this to build key life skills such as independence, curiosity, bravery, and resilience. The children have produced thoughtful and creative work, and we're so proud of their efforts.



Reading: Our key author this term is Roald Dahl, and we're currently reading The BFG. We've been focusing on comprehension skills, summarising what we've read, and exploring character appearance and personality traits. The children are really enjoying the magical world of giants and giant language!

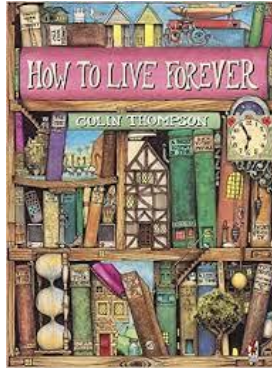
Art: Our art topic this term is This Is Me, and we've been inspired by our writing book's author and illustrator, Emily Gravett. We've explored hatching techniques and observational drawing, and the children have loved expressing their creative sides through sketching and detail work.

Well done Year 4!

The children have made a brilliant start to the year. We're continuing to establish consistent routines and expectations, and we are so proud of how well they have settled in.

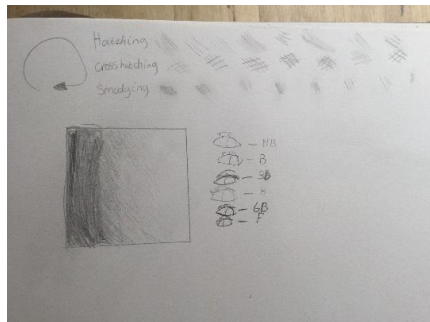
The children have had a great start to their term in Year 5. We have established some good routines and have practised the listening rules by playing some fun games!

As writers, we have been reading a book called *How to Live Forever* and learning about how to create a setting description. We have reactivated and developed our effective language to create expanded noun phrases, similes and metaphors.



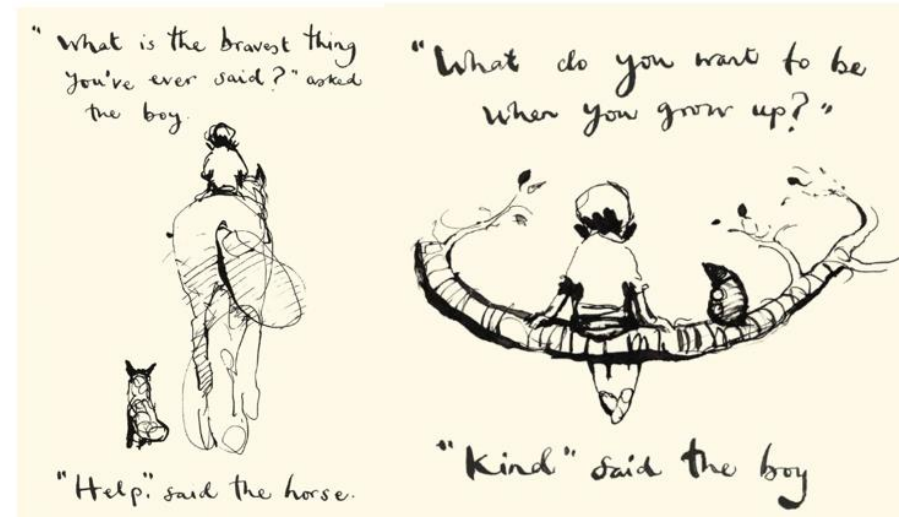
As mathematicians, we have developed our knowledge of place value and have identified the value of digits up to 1 million! We have begun to apply our knowledge to a range of problems including ordering and comparing numbers.

As readers, we are reading a book by our key author, Micheal Morpurgo, called *The Wreck of the Zanibar*. We have enjoyed readers' theatre where we get to practise how to read and perform stories. Sofia and Oliver are doing an amazing job at reading in front of the class!



We have had a great start back to school in Year Six!

As writers, we have been exploring the book *The Boy, The Mole, The Fox and The Horse*. We really enjoyed reading the inspirational quotes and exploring what they might mean for us. We are also using this time to reactivate core writing skills which we have explored previously.



As readers we have kicked off this year with a read penned by our key author Louis Sachar 'There's a Boy in the Girls' Bathroom'. This is a story which explores friendship and school life. We are excellent readers and have thoroughly enjoyed making connections as we have been reading.



In PE, we are playing tag rugby. We looked at how to hold a rugby ball correctly and practiced passing it – some of us could even put a spin on it! We are excited to build this up and play mini matches.

Let's get together for a

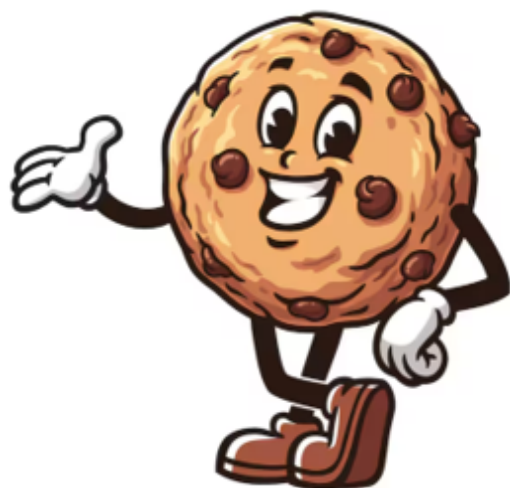


**Come along for a chat, a drink and a biscuit
with Family Support and Intervention
plus a guest from Family Learning**

Where? The Nook at Carnforth School

When? Tuesday 16th September

What time? 9:10am to 10:10am



EVERYONE WELCOME!

IMPORTANT INFORMATION

Tuesday 23rd September

**School aged flu
vaccinations**



Reception to Year 6 Pupils

All parents must complete the consent form, even to decline. Without it, your child may miss out.

If you have not already completed this form, please complete by Monday 15th September - thank you.

[Vaccination UK Immunisation](#)

Monday 29th September



School photos are being taken of all pupils. These will be individual and also with siblings, if applicable. Please ensure your child is wearing their full school uniform and their best smile!











DIARY DATES

September

1	2	3	4	5
TED DAY SCHOOL CLOSED TO PUPILS	TED DAY SCHOOL CLOSED TO PUPILS	SCHOOL OPEN TO PUPILS		 9:00am
8	9	10	11	12
	 8:30 - 11:00am	 Y4 SWIMMING		 9:00am
15	16	17	18	19
DEMOCRACY WEEK				
	 8:30 - 11:00am	 Y4 SWIMMING WEST WORKSHOP		 9:00am
22	23	24	25	26
	 8:30 - 11:00am	 Y4 SWIMMING		TED DAY SCHOOL CLOSED TO PUPILS
	 Rec-Y6 (1-3pm)			
29	30			
 SCHOOL PHOTOS	 8:30 - 11:00am BRIDGES OF LIGHT ART WORKSHOP			

October

		1	2	3
		 Y4 SWIMMING		 9:00AM
6	7	8	9	10
	 8:30 - 11:00am	 Y4 SWIMMING	WEST WORKSHOP	 9:00AM
AFTER SCHOOL CLUBS START			BOOK FAIR	BOOK FAIR
13	14	15	16	17
	 8:30 - 11:00am 	 Y4 SWIMMING	 Details to follow	 MOVIE Night 
BOOK FAIR	BOOK FAIR	BOOK FAIR	BOOK FAIR	
20	21	22	23	24
	 8:30 - 11:00am 	 Y4 SWIMMING		 9:00AM
27	28	29	30	31
HALF TERM				

BITING BACK AGAINST LOAN SHARKS IN WORCESTER!

Monday, Sept 15 to Friday, Sept 19

Come and find out how to stay safe from loan sharks

Monday, Sept 15: 8.30am to 9am Oasis School;
9am to 10am Oasis Hub drop-in; from 11am to
1pm Cranham Parade and 2.30pm to 3.30pm
Carnforth School.

Tuesday, Sept 16: 10.30am to noon Dines Green
shops; noon to 1.30 Dines Green Snack & Chat;
2.30pm to 3.30pm Honeywell School.

Wednesday, Sept 17: 8.30am to 9am Cranham
School; 11am to 1pm shops in Ambleside
Drive; 2.30pm to 3.30pm Hollymount School.

Thursday, Sept 18: 8.30am to 9am Perry Wood
School; 10.30am to 1.30pm High Street and
2.30pm to 3.30pm Stanley Road Primary School.

Grab a selfie with Sid the Shark!



0300 555 2222
stoploansharks.co.uk



platform
housing group



STOP LOAN SHARKS
Intervention . Support . Education

10 Top Tips for Parents and Educators DEVELOPING HEALTHY SLEEP PATTERNS

Quality sleep is paramount for wellbeing as it impacts our cognitive function, emotional balance and overall health. A World Health Organisation study highlighted that 44% of young people reported difficulty sleeping – potentially affecting their mood, concentration and immune system. Our guide offers expert tips for helping children to sleep more healthily.

1 MINDFUL TECH USE

Encourage a balanced approach to screen time. While phones, laptops, tablets and so on can serve as a helpful means of stress relief, it's advisable to minimise their use right before bed. These devices can keep the mind racing long after they're switched off, impacting how easily and how well a person can sleep.

2 EFFECTIVE SLEEP PRACTICES

Offer practical advice on minimising certain habits that have a positive influence on sleeping patterns. Children could start keeping a diary which they add to each evening, for example – or they could use up excess energy by exercising during the day.

3 HYDRATION HABITS

Underline the importance of drinking plenty of water throughout the day, while limiting drinks close to bedtime to prevent disruptions during the night. It's a lot harder to switch off if you keep needing to get out of bed for the toilet. Avoiding caffeinated drinks later in the day also allows the body and brain to slow down naturally, without any chemicals firing them back up.

4 CONSISTENT BEDTIME SCHEDULE

Assist children in developing consistent bedtime routines that tell the body it's time to wind down, promoting a more relaxed state. Establish specific activities for young ones right before going to bed – such as brushing their teeth – to set up an association between that action and falling asleep.

5 OPTIMAL SLEEP ENVIRONMENT

Ensure that the bedroom is comfortable, dark and free from distractions, fostering an ideal space for quality rest. The room's temperature should also be suitable for sleeping – that is, not too hot and not too cold – while rooms should be kept as tidy and free of clutter as possible.

6 RELAXING EVENING ACTIVITIES

Recommend activities that have a calming effect on the mind – such as reading or gentle stretching – in the lead up to bedtime, to prepare the mind for a peaceful night's sleep. Doing something quiet, relaxing and low intensity signals to the brain that it's time to rest and makes falling asleep much easier.

7 PRIORITISING ADEQUATE SLEEP

Emphasise the crucial role of sleep in maintaining physical and emotional wellbeing. It's especially important to sustain a healthy sleep pattern during challenging and intensive periods in our lives: during the exam season for children and young people, for instance.

8 NUTRITIONAL BALANCE

Highlight the significance of a healthy, balanced diet – and its role in establishing a more consistent sleep pattern. Try to lean towards preparing meals with plenty of fruit and vegetables, served in reasonable portion sizes: not only is this a lot healthier, but it also reduces the chances of feeling too full to be comfortable in bed.

9 PARENTAL SUPPORT

Parents and carers, of course, are uniquely situated to support their children in establishing and maintaining healthy sleeping habits. Parents can review their own sleep habits (nearly everyone has them!) to model a balanced bedtime routine and reinforce the importance of self-care.

10 MILITARY SLEEP METHOD

Look up 'the military sleep method': it's a technique for falling asleep quickly, which incorporates deep breathing exercises. You could encourage children to try it or even use it yourself. While it can take a good deal of practice to perfect, eventually it will start to feel natural – and the results are often extremely impressive!

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Elliott – a learning and development specialist who is also Associate Vice-Principal for Personal Development at a large secondary school.



#WakeUp
Wednesday

The
National
College



USKO KARATE
WORCESTER
CRANHAM
PRIMARY SCHOOL
THURSDAYS
5:30-6:30PM - KIDS AGE 5 +
6:30-7:30PM - KIDS AGE 10+&TEENS

FREE CLASSES THROUGHOUT SEPTEMBER!!
TO BOOK CONTACT LUKE ON 07398195671
www.usko-karate.co.uk

Two children, a boy and a girl, are shown in their USKO Karate uniforms. The boy is on the left, wearing a black gi with a red and yellow circular logo that says 'USKO KARATE'. He is in a dynamic pose with one leg raised. The girl is on the right, also in a black gi with the same logo, in a similar pose. They are both smiling and looking towards the camera.

THE THEATRE FACTORY
Performing Arts School

Disney • PIXAR

FINDING NEMO
KIDS

Penryn Hall Theatre,
DY10 4PW

SUNDAY 5TH OCTOBER 2025
2.00PM AND 5.00PM
WWW.TICKETSOURCE.CO.UK/THE-THEATRE-FACTORY

A poster for 'Finding Nemo Kids' at The Theatre Factory. The background is a vibrant underwater scene with blue water, green coral, and small fish. At the top, the Theatre Factory logo is a yellow star with the words 'THE THEATRE FACTORY' in red and gold. Below it is a red banner that says 'Performing Arts School'. The Disney and Pixar logos are in white script. The title 'FINDING NEMO' is in large, bold, white letters, with a small orange clownfish (Nemo) inside the letter 'O'. Below the title, the word 'KIDS' is in large, bold, white letters. The venue 'Penryn Hall Theatre, DY10 4PW' is written in white. At the bottom, a white box contains the date 'SUNDAY 5TH OCTOBER 2025', the times '2.00PM AND 5.00PM', and the website 'WWW.TICKETSOURCE.CO.UK/THE-THEATRE-FACTORY'.



Disney

HIGH SCHOOL MUSICAL

JR

Sunday 19th October 2025

5.00pm and 7.30pm

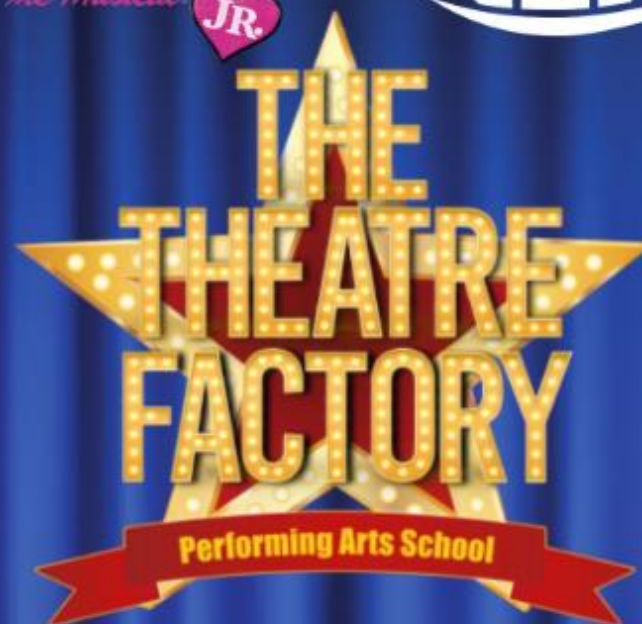
The Rogers Theatre, Malvern.



www.ticketsource.co.uk/the-theatre-factory

LEGALLY
BLONDE
The Musical JR.

Disney · PIXAR
FINDING NEMO
KIDS



Disney

HIGH SCHOOL MUSICAL JR.

SCAN CODE TO
BOOK



www.ticketsource.co.uk/the-theatre-factory

Who's who at Carnforth?

**Mr P Prigg –
Headteacher**

**Mrs K Finnegan –
Deputy Headteacher**

Mrs V Smith – SENDCo

**Mrs R Furlong – Family Support
Worker**

**Mrs S McCormack – Pastoral
Regulation Support Worker**

**Miss K Walters –
Office Manager**

**Mrs R Ranscombe –
School Secretary**

**Mrs J Hawkes – Nursery
Manager**

**Miss E Aranyosi – Early
Years Practitioner**

**Miss B Cole –
Reception Teacher**

**Mrs F Begum &
Mrs C Jarrett-Williams
– Teaching Assistants**

**Miss C Bacon –
Year 1 Teacher**

**Mrs J Wilson, Miss M
Parkes & Miss L Rice –
Teaching Assistants**

**Miss C Wall –
Year 2 Teacher**

**Miss R Burnham –
Teaching Assistant**

**Miss B East –
Year 3 Teacher**

**Miss E Holland &
Mrs S Kenwick –
Teaching Assistants**

**Miss N Weaver –
Year 4 Teacher**

**Miss M Smith & Miss J Jones
– Teaching Assistants**

**Mr L Atkinson – Year 5
Teacher**

**Mrs R Akhtar &
Miss E Arrowsmith –
Teaching Assistants**

**Miss A Ferguson –
Year 6 Teacher**

**Mrs K Lindsay –
Teaching Assistant**

**Mrs J Jones, Mrs M
Pegram, Mrs J Lord &
Mr S Jeffries –
Lunchtime Supervisors**

**Mr S Jeffries –
Site Manager**

**Miss J Lord &
Mrs T Woodward –
Cleaners**