



# Carnforth School

INSPIRING EXCELLENCE

## 2025/2026 Sports Premium Strategic Plan

"I want every child to be able to aim for the stars, and to be supported in reaching them." (David Laws, Education Minister, 2012). Since September 2013 each school has received funding called Sports Premium. The funding is to make 'additional and sustainable improvements to the provision of PE and sport for the benefits of all pupils to encourage the development of healthy, active lifestyles.' (Gov) This means that we can use the premium to:

- Develop or add to the PE and sport activities that our school already offers
- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future year.

This funding is being jointly provided by the Departments for Education, Health and Culture, Media and Sport, and will see money going directly to primary school Head Teachers to spend on improving the quality of sport and PE for all their children. The sport funding can only be spent on sport and PE provision in schools.

NUMBER OF CHILDREN	177
ALLOCATION SEPTEMBER 2025 - JULY 2026	£17,470
<b>RATIONALE</b>	
<p>At Carnforth School we are fully aware of the importance of Sport and PE. We are committed to providing our children with the opportunities to get to participate in a variety of different sports and games in a competitive environment; to foster a love of sport that remains with them for life and opens opportunities beyond what we offer at school. We provide opportunities to develop healthy, active lifestyles through:</p> <ol style="list-style-type: none"> <li>1. the engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school</li> <li>2. the profile of PE and sport is raised across the school as a tool for whole-school improvement</li> <li>3. increased confidence, knowledge and skills of all staff in teaching PE and sport</li> <li>4. broader experience of a range of sports and activities offered to all pupils</li> <li>5. increased participation in competitive sport</li> <li>6. The importance of Forest School to support children with their mental health and wellbeing</li> </ol> <p>The DfE vision is that “all pupils leaving primary school to be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.”</p> <p>The Primary School Physical Literacy Framework, developed by Youth Sports Trust, Sport England, County Sport Partnership Network, Association of Physical Education and Sports Coach UK describe Physical Literacy as, “the motivation, confidence, physical competence, knowledge and understanding that provides children with the movement foundation for lifelong participation in physical activity. Enabling them to be physically literate supports their development as competent, confident and healthy movers.”</p> <p>The improvements in school will provide additional, sustainable improvements to the provision of PE and sport for all pupils and to encourage healthy, active lifestyles as:</p> <ul style="list-style-type: none"> <li>• Staff members will have increased their knowledge, skills and confidence teaching Physical Education</li> <li>• Children will be educated about the positives of a healthy active lifestyle</li> <li>• Children will be provided with a broader experience of sports</li> </ul> <p><b>OPAL</b> OPAL (Outdoor Play And Learning) at Carnforth School continues to provide a rich, child-led, outdoor learning experience that enhances children's physical, emotional, social, and cognitive development. I</p> <p><b>Aims of OPAL</b></p>	

- To maintain our OPAL PLATINUM grading.
- To develop staff's understanding of child development and progression in play
- To build resilience, confidence, independence, and creativity.
- To support physical and mental wellbeing through regular time outdoors.
- To develop teamwork, communication, and problem-solving skills.
- To provide a safe environment for supported risk-taking and exploration.

CATEGORY	SPECIFIC AREA	OBJECTIVE	AUTUMN	SPRING	SUMMER	YEARLY
CPD	External training course					
	Upskilling staff to deliver swimming lessons					
	Internal learning and development (cover)	To further develop the Daily Mile structure and challenges to ensure that all pupils participate in daily sporting activity				£1,981.79
		To lead ensuring all pupils have access to high quality play based provision. To provide children with a high quality play based education. To broaden the sporting opportunity available to pupils.				£4630.29
		To support leaders at all levels to ensure all pupils have access to high quality play based provision. To provide children with a high quality play based education. To broaden the sporting opportunity available to pupils.				£3,847.88
	Inter-school development sessions(cover)	Source new sports for children to experience. Plan healthy living days for the children to experience new sports and understand the importance of healthy living for the mind and body.	£250	£250	£250	

	Online training/resource development					
	External coaches supporting confidence and competence					
	<b>Total CPD spend</b>	<b>£11,209.96</b>				

Category	Specific Area	Objective	Autumn	Spring	Summer	Yearly
INTERNAL ACTIVITIES	School based extra-curricular clubs	To experience new sports. To build resilience when taking part in challenging activities. To develop teamwork skills.		£1225.00		
	Internal sports competitions	Sports Day rewards and resources			£100.00	
	Top-up swimming/broadening aquatic opportunities	To increase the number of children achieving the 3 national curriculum requirements for water safety at the end of KS2	£400.00	£400.00	£400.00	
	Active travel initiatives					
	Equipment and resources	To develop children's gross motor skills through structured play sessions and core strength development.  To develop children's understanding of sustained play through targeted adult provision focusing on high quality interactions to move learning on.  To further develop children's emotional resilience through play.				£1,507.32
	Membership fees	To continue the development and provision of platinum standard of play provision.				£250
	Educational platforms and resources					
	<b>Total internal spend</b>	<b>£4,282.32</b>				

CATEGORY	SPECIFIC AREA	OBJECTIVE	AUTUMN	SPRING	SUMMER	YEARLY
EXTERNAL ACTIVITIES	Organised by SGOs					
	Other inter-school sports competitions	To develop team work skills. To promote a competitive ethos. To experience competition against other schools				£1,981.79
	External coaching staff					
	<b>Total external spend</b>	<b>£1,981.79</b>				

AREA	ALLOCATED SPENDING
CPD	
INTERNAL ACTIVITIES	
EXTERNAL ACTIVITIES	
<b>TOTAL SPORTS PREMIUM ALLOCATION</b>	
<b>TOTALS</b>	